

Mastering Milestones

One step at a time



circle care
services

Therapy Goals



Manage Behavior

The goal of ABA is to increase or decrease specific behaviors. Children are taught appropriate responses to very specific environmental triggers. Positive behaviors are rewarded, while atypical behaviors are discouraged. With consistency, each child progresses in therapy, learning to process the triggers that cause unwanted behavior, until the outlined goals are successfully met.



Build Skill

ABA therapy addresses each deficit and breaks down the larger individualized goals into achievable steps. Once mastered, skills such as turn-taking, self-dressing, toileting, and impulse control, foster independence, socialization, and ability. When done in a group setting these skills can be practiced in a natural environment with peers for even further enhancement.



Increase Communication

Communication, both verbal and nonverbal, is the way we convey our needs and desires. Through the use of ABA, children systematically learn to express their needs and feelings, thereby connecting with those around them.



Our Strategy

We recognize that in order for therapy achievements to last, they need to be consistently practiced in as many places, as many times, and with as many people as possible. For that reason, we offer our services at a range of locales, enabling our clients to implement their newfound skills consistently throughout the day. By providing and overseeing environmental flexibility, we ensure your child to gets the most out of therapy in the shortest amount of time.

Community-Based

Community-based therapy provides a unique opportunity for practicing behavioral skills and activities of daily living in authentic settings, such as at social events, appointments and while shopping.

Clinic-Based

The clinic features supportive equipment for sensory regulation / coordination, and muscle strengthening and provides a distraction-free setting for maximum focus.

Home-Based

The home provides the ability to practice family-based communication in a natural and comfortable setting. Skills are often more easily absorbed in a child's home environment, and issues relating to family routine can be addressed as they arise.



ABA FAQ's

Will my child become robotic and rigid from ABA therapy?

No, not if therapy is administered properly. A major focus of therapy is to overcome the behavioral rigidity present in individuals with ASD. At first, responses to behaviors may be overly simplified to gain a starting point, but those skills are eventually built upon and transferred to naturalistic settings and conducted in a functional, flexible manner.

Are there good alternatives to ABA therapy for my child?

ABA is the only science-backed method with proven results, and the only method that is covered by insurance. While other interventions may provide benefit, their effectiveness hasn't been scientifically proven, and they are not covered by insurance.

Will my child be required to sit at the table during ABA therapy?

No! You name the place, ABA's been done there; floor, playground, pool, gym, dentist, bathroom...hey, even under a bed!

Will my child ever be able to stop therapy?

Yes. We raise the bar high, and as your child develops, our expectations grow to match. However, once the desired progress is achieved and no new goals are pinpointed, your BCBA will develop a titration plan in which a roadmap is outlined to slowly wean your child off therapy.

What's the difference between ABA and BCBA?

An ABA therapist uses the science of applied behavior analysis, or ABA, to influence behavior through therapeutic interventions. A Board Certified Behavior Analyst, or BCBA, is an ABA therapist with a Masters Level degree who is certified specifically by the Behavior Analyst Certification Board to oversee ABAs and plan interventions.



Compassionate Care for Lasting Change

Circle Care Services provides a cohesive team of highly experienced and devoted professionals, and partners closely with your child's school. Our BCBA's, and ABA, occupational, physical, and speech therapists form a supportive and completely integrated service force, infusing warmth, care and focus into every session with every child. Our team members are well-connected, ensuring smooth and efficient communications and alignment of goals, both in and out of school. Together, we are more than just your child's therapists. We encircle your child with supportive care from the first moment of contact until success.



ABA
THERAPY



OCCUPATIONAL
THERAPY



PHYSICAL
THERAPY



SPEECH
THERAPY

Did you know?

As in-network providers for major New Jersey insurance companies, your child can receive therapy for little or no cost. Call us today for details.

"Our dear son Yehuda lost his speech and sunk into his own world over a number of months. With a mixture of expertise and sensitivity, Simi brought together a team of therapists for a personalized behavior program. Today, Yehuda can play games alongside siblings, communicate non-verbally, and participate more appropriately at meal time. This is a direct outgrowth of the creative methods his therapists use in ABA therapy. Simi has been a strong anchor of hope, knowledge, realism, and positivity."

YEHUDA'S MOM

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Have Questions? Need Clarity?

Taking the first step may seem daunting. You can discuss what's on your mind with our knowledgeable and friendly staff.

To change / book your next apt.
Whatsapp, call, or text:

732. 380.5222

ADDRESS: 1110 Raritan Avenue • Highland Park, NJ 08904

WEBSITE: www.circlecare-services.com

EMAIL: info@circlecare-services.com