

BUILDING LESSONS FOR LIFE!

DON'T BE A STATISTIC

DROWNING ranks **5th** among the leading causes of unintentional **DEATHS** in the United States.

—According to the Centers for Disease Control and Prevention (CDC)

WATER SAFETY TIPS FOR EVERY OCCASION



HOME

- Never leave children alone in the bathtub
- Ensure all toilet lids are closed or locked
- Empty all water from standing containers



OPEN WATER

- Wear a life jacket
- Enter into water feet first
- Check water conditions & currents



GENERAL

- Always swim with a buddy
- Enroll in swim lessons early
- Supervise children at all times

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SWIM SCHOOLS

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STOP & THINK AROUND WATER

LOWER THE RISK

10 people die every day from unintentional **DROWNING**;
2 OUT OF 10 are **CHILDREN** aged 14 or younger.

—Centers for Disease Control and Prevention (CDC)

3 POOL RULES TO HELP KEEP YOUR FAMILY SAFE!

1

**NO
ROUGH PLAY**



Children are more likely to get hurt if they play roughly around the water.

2

**DON'T
SWIM ALONE**



Always swim with a buddy. Accidents can happen to strong swimmers, too.

3

**CLEAN UP
POOL TOYS**



Remove all pool toys from in and near the water when not in use.

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IN-HOME WATER SAFETY

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PARENTS ARE THE FIRST LINE OF DEFENSE AGAINST ACCIDENTAL DROWNING

1

WATCHFUL EYES



- Always watch your child—indoors and outdoors
- Stay off the electronic devices when children are up
- Do not be distracted to the point of not being attentive

2

ATTENTIVE EARS



- Listen for long periods of quiet, unless nap time
- Listen for any sound of water, splashes or running water

3

CLOSE BODIES



- Stay within visual proximity during bath time
- Stay close around any body of water
- Always stay in the same room as your child, unless nap time

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